



Urgent Needs CHECKLIST

Below are items we need to take care of our Veterans who reside on Camp Hope. Their stay is about 6-months and at no cost to them or their family. We can house up to 80 Veterans. Anything you can help with would be a tremendous blessing.

MOST URGENT NEEDS

See Hi-lighted items below

GROCERY

- Bacon
- Bread
- Bottled Water (bottle and jug)
- Canned Goods (potatoes, corn, green beans, tomatoes, etc.) regular size can and #10 size cans
- Cheese - sliced
- Chicken
- Coffee - K-Cups/Ground
- Creamer
- Dry Goods (cereal, rice, pasta, etc.)
- Eggs, Powdered or Fresh
- Fish
- Fresh Produce: onions, lettuce, tomatoes, fruits, berries, etc.
- Milk, Powdered, Whole, 2% or Shelf
- P-Nut Butter
- Protein Powder
- Sugar-granulated (packets and 5-10lb bags)
- Tea

PERSONAL HYGIENE & CLOTHING

- Active Gym Shorts, S - 3XL-new only & packaged
- Body Wash (liquid) -full size

- Deodorant – Men's
- Disposable Razors
- Gold Bond Medicated Powder
- Floss & dental picks
- Hair Conditioner – full size
- Hand-Sanitizer
- Lotion
- Loofas
- Mouthwash – Non-Alcoholic
- Men's underwear (boxer/boxer brief) Not white, all sizes – new only & packaged
- Shower Shoes
- Sweatpants S - 3XL & Sweatshirts S - 3XL
- Hoodies/Sweatshirts S - 3XL
- Q-Tips

HOUSEKEEPING

- All-purpose Cleaner **WITHOUT BLEACH**
- Bathroom Cleaners (toilet/shower/mirrors)
- Broom w/dustpan - household
- Carpet Shampoo (liquid)
- Comet type cleaners
- Dishwasher Detergent (liquid)
- Dryer Sheets
- Furniture Polish
- Febreze Spray
- Floor Cleaner-Pine Sol
- Gym Equipment Wipes
- Laundry Detergent-liquid
- Lysol wipes

You may bring items to Camp Hope and drop off at the Donation Station located in the Front Office. Another way to get items to Camp Hope is through [AmazonSmile \(click here\)](#). We have 6 lists: Pantry, Residential, Campus Facilities, Office Supplies, Weatherford Family Complex and Urgent Needs Lists. You can give twice by choosing PTSD Foundation of America as your Charity. One way to shop for food items and have them delivered is through Instacart & Amazon Fresh. Our Mailing & Delivery address: Camp Hope 9724 Derrington Rd., Houston, TX 77064

- Paper Plates & plastic utensils
- Paper Towels
- Plastic zipper bags (Ziploc-1 gal, quart & sandwich size)
- Rubber gloves (all sizes)
- Scrubber sponges
- Toilet Bowl Cleaner
- Trash Bags (all Sizes)**

BED & BATH

- Bath Towels and Wash Rags (white) **FULLY STOCKED**
- Blankets Twin, med weight **FULLY STOCKED**
- Hangers
- Pillows (standard) & Pillowcases(standard)

CLASSROOM & OFFICE SUPPLIES

- Alarm Clocks
- Backpacks**
- Copy Paper (8.5x11)
- Computers (desktop & laptop, new up to 3 years old)
- Highlighters
- Postage Stamps**
- Pencils
- Pens (pentel or RSVP) Black, Red, Blue
- ~~Spiral Notebooks~~ **FULLY STOCKED**
- 3 ring Binders (1' & 2")

FACILITIES

- A/C Filter — 16x25x2; 12x24x1 **FULLY STOCKED**
- Air Filter for Homes-3M: 20x30x1; 20x20x1; 16x25x1; 20x25x1; 12x12x; 18x18x1 **FULLY STOCKED**
- Batteries – Double A, 9 Volt
- Fire Ant Killer
- Light Bulbs – Energy Efficient, 100W – Outdoor/Flood
- Light Bulbs – Energy Efficient, 40W, 75W – indoor, ceiling fan

- Push Broom
- Vacuum Cleaners
- Weed Killer

VITAMINS & MEDICATIONS

- EMERGEN-C Packets
- ~~Cold Remedy Mucous Relief Tablets~~ **FULLY STOCKED**
- Cold & Flu Caps – Daytime & Nighttime (preferably contains Cough Acetaminophen/Cough Suppressant/Expectorant/Nasal Congestion) **FULLY STOCKED**
- Guaifenesin Mucous Relief Tablets **FULLY STOCKED**
- Vitamin C – time release tabs

PPE

- Disposable Isolation Gowns
- Forehead Thermometer
- N95 Particle Masks
- Nitrite gloves

GIFT CARDS

- HEB or Kroger
- Home Depot or Lowes
- Target
- Walmart
- Restaurant Food Gift Cards for Wednesday Lunches (they are taken to a counseling facility off campus, so lunches are bought)

IMPORTANT INFORMATION

DUE TO OUR LIMITED STORAGE CAPACITY & COVID-19 PROTOCOL WE DO NOT ACCEPT TRAVEL SIZE TOILETRIES, USED CLOTHING OR SUITS. We respectfully ask that you call before coming to the campus to verify we can take a donation and to coordinate a time and date of drop-off. You may contact our In-Kind Donation Coordinator, Crystal Morgan at 832.912.4429 x105 or email at crystal.morgan@ptsdusa.org