



# Urgent Needs CHECKLIST

Below are items we need to take care of our Veterans who reside on Camp Hope. Their stay is about 6-months and at no cost to them or their family. We can house up to 80 Veterans. Anything you can help with would be a tremendous blessing.

## MOST URGENT NEEDS

See Hi-lighted items below

### GROCERY

- Bacon, Breakfast Meats
- Bread
- Bottled Water (bottle and jug)
- Canned Goods (diced tomatoes, tomato sauce etc.) regular size can and #10 size cans
- Cheese - sliced
- Chicken, Fish
- Coffee - K-Cups/Ground, Tea
- Salt, Sugar, Black Pepper
- Flour (unbleached, all purpose)
- Dry Goods (cereal, rice, pasta, etc.)
- Eggs, Powdered or Fresh
- Butter
- Fresh Produce: onions, lettuce, tomatoes, fruits, berries, etc.
- Maple Syrup, breakfast Syrups
- Milk, Powdered, Whole, 2% or Shelf
- Orange Juice
- P-Nut Butter
- Protein Powder
- Sugar-granulated (packets and 5-10lb bags)
- Stocks/Broth
- Bottled Water (16.9 oz – by the case)

### PERSONAL HYGIENE & CLOTHING

- Active Gym Shorts, S - 3XL-new only & packaged
- Body Wash (liquid) -full size
- Deodorant – Men's
- Gold Bond Medicated Powder
- Floss & dental picks
- Hand lotion & sanitizer
- Shower Loofas
- Mouthwash – Non-Alcoholic
- Men's underwear (boxer/boxer brief) Not white, all sizes – new only & packaged
- Running Shoes – Mens
- Shower Shoes (flipflops 9-13)
- Sweatpants S - 3XL & Sweatshirts S - 3XL
- Hoodies/Sweatshirts S - 3XL
- Long Sleeve T-Shirts S-3XL
- Q-Tips

### HOUSEKEEPING

- All-purpose Cleaner **WITHOUT BLEACH**
- Bathroom Cleaners (toilet/shower/mirrors)
- Broom w/dustpan - household
- Carpet Shampoo (liquid)
- Dishwasher Detergent (liquid)
- Dryer Sheets
- Furniture Polish
- Febreze Spray

You may bring items to Camp Hope and drop off at the Donation Station located in the Front Office. Another way to get items to Camp Hope is through [AmazonSmile \(click here\)](#). We have 6 lists: Pantry, Residential, Campus Facilities, Office Supplies, Weatherford Family Complex and Urgent Needs Lists. You can give twice by choosing PTSD Foundation of America as your Charity. One way to shop for food items and have them delivered is through Instacart & Amazon Fresh. Our Mailing & Delivery address: Camp Hope 9724 Derrington Rd., Houston, TX 77064

- Floor Cleaner-Pine Sol
- Glass Cleaner**
- Gym Equipment Wipes
- Lysol wipes
- Paper Plates & plastic utensils
- Paper Towels
- Plastic zipper bags (Ziploc-1 gal, quart & sandwich size)
- Rubber gloves (all sizes)
- Scrubber sponges
- Toilet Paper**
- Toilet Bowl Cleaner
- Trash Bags (50-55 Gallon ONLY)**

## BED & BATH

- Bath Towels (full size) and Wash Rags (white)**
- Sheets, Twin
- Hangers
- Pillows (standard) & Pillowcases (standard)
- Blankets/Comforters (twin size)**

## CLASSROOM & OFFICE SUPPLIES

- Alarm Clocks**
- Backpacks**
- Copy Paper (8.5x11) **FULLY STOCKED**
- Highlighters
- Dry Erase Markers
- Sharpies**
- Postage Stamps or Christmas Shipping Cost**
- Pencils
- Pens (pentel or RSVP) Black, Red, Blue
- Spiral Notebooks **FULLY STOCKED**
- NIV Celebrate Recovery Study Bible (on Amazon)**

## FACILITIES

- A/C Filter — 16x25x2; 12x24x1 **FULLY STOCKED**

- Air Filter for Homes—3M: 20x30x1; 20x20x1; 16x25x1; 20x25x1; 12x12x; 18x18x1 FULLY STOCKED**
- Batteries – Double A, Size C, 9 Volt
- Masking Tape**
- Fire Ant Killer
- Light Bulbs – Energy Efficient, 100W – Outdoor/Flood
- Light Bulbs – Energy Efficient, 40W, 75W – indoor, ceiling fan
- Plastic Totes – Large
- Push Broom
- Vacuum Cleaners
- Weed Killer

## VITAMINS & MEDICATIONS

- NO NEEDS AT THIS TIME

## PPE

- Disposable Isolation Gowns
- Forehead Thermometer
- N95 Particle Masks
- Nitrite gloves

## GIFT CARDS

- HEB or Kroger
- Home Depot or Lowes
- Target
- Walmart
- Restaurant Food Gift Cards for Wednesday Lunches (they are taken to a counseling facility off campus, so lunches are bought)

## IMPORTANT INFORMATION

**DUE TO OUR LIMITED STORAGE CAPACITY & COVID-19 PROTOCOL WE DO NOT ACCEPT TRAVEL SIZE TOILETRIES, USED CLOTHING OR SUITS.** We respectfully ask that you call before coming to the campus to verify we can take a donation and to coordinate a time and date of drop-off. You may contact us at [Donations@PTSDUSA.org](mailto:Donations@PTSDUSA.org)