



# Urgent Needs CHECKLIST

Below are items we need to take care of our Veterans who reside on Camp Hope. Their stay is about 6-months and at no cost to them or their family. We can house up to 80 Veterans. Anything you can help with would be a tremendous blessing.

## MOST URGENT NEEDS

See Hi-lighted items below

### GROCERY

- Bacon, Breakfast Meats
- Bread (Sliced)
- Bottled Water (24-40 Pack/Case Bottled Water – 16.9oz)
- Canned Goods (diced tomatoes, tomato sauce etc.) regular size can and #10 size cans **FULLY STOCKED**
- Cheese - sliced
- Chicken, Fish
- Coffee - K-Cups/Ground, Tea
- Salt, Sugar, Black Pepper
- Flour (unbleached, all purpose)
- Dry Goods (cereal, rice, pasta, etc.)
- Eggs, Powdered or Fresh
- Butter
- Fresh Produce: onions, lettuce, tomatoes, fruits, berries, etc.
- Maple Syrup, breakfast Syrups
- Milk, Powdered, Whole, 2% or Shelf
- Orange Juice
- P-Nut Butter
- Sugar-granulated (packets and 5-10lb bags)
- Stocks/Broth

### PERSONAL HYGIENE & CLOTHING

- Active Gym Shorts, S thru 3XL-new only & packaged
- Body Wash (liquid) full size **FULLY STOCKED**
- Deodorant—Men's **FULLY STOCKED**
- Gold Bond Medicated Powder **FULLY STOCKED**
- Floss & dental picks **FULLY STOCKED**
- Hand Lotion & Sanitizer
- Shower Loofas
- Mouthwash – Non-Alcoholic
- Men's underwear (boxer/boxer brief) Not white, all sizes—new only & packaged **FULLY STOCKED**
- Running Shoes – Mens (Sizes 9-13)
- Shower Shoes (flipflops 9-13) **Fully Stocked**
- Sweatpants S - 3XL & Sweatshirts S - 3XL
- Hoodies/Sweatshirts S - 3XL
- Long Sleeve T-Shirts S-3XL
- Sun Block

### HOUSEKEEPING

- Broom w/dustpan—household **Fully Stocked**
- Paper Towels
- Dishwasher Detergent (liquid/pods)
- Dryer Sheets
- Febreze Spray **Fully Stocked**
- Floor Cleaner
- Glass Cleaner
- Disinfectant Equipment Wipes
- Paper Plates & plastic utensils

You may bring items to Camp Hope and drop off at the Donation Station located in the Front Office. Another way to get items to Camp Hope is through [AmazonSmile \(click here\)](#). We have 7 lists: Pantry, Residential, Camp Hope Vehicle Supplies, Campus Facilities, Office Supplies, Weatherford Family Complex and Urgent Needs Lists. You can give twice by choosing PTSD Foundation of America as your Charity. One way to shop for food items and have them delivered is through Instacart & Amazon Fresh. Our Mailing & Delivery address: Camp Hope 9724 Derrington Rd., Houston, TX 77064

- Paper Towels **FULLY STOCKED**
- Plastic zipper bags (Ziploc-1 gal, quart & sandwich size)
- ~~Scrubber sponges~~ **FULLY STOCKED**
- Toilet Paper
- Toilet Bowl Cleaner
- Trash Bags (50-55 Gallon ONLY)

## BED & BATH

- Bath Towels (full size) and Wash Rags (white)
- Sheets, Twin
- Hangers
- Pillows (standard) & Pillowcases (standard)
- Blankets/Comforters (twin size)

## CLASSROOM & OFFICE SUPPLIES

- Alarm Clocks
- Backpacks
- Clear/Transparent Tape
- Copy Paper (8.5x11)
- Dry Erase Markers
- Highlighters
- [NIV Celebrate Recovery Study Bible](#) (on Amazon)
- ~~Permanent Markers (Sharpies)~~ **Fully Stocked**
- Post-It Notes
- Postage Stamps or Christmas Shipping Cost
- Pencils **FULLY STOCKED**
- Pens (Pentel or RSVP) Black, Red, Blue
- Spiral Notebooks

## FACILITIES

- A/C Filter – 16x25x2; 12x24x1
- Air Filter for Homes-3M: 20x30x1; 20x20x1; 16x25x1; 20x25x1; 12x12x; 18x18x1
- Batteries –9 Volt
- Masking Tape
- Fire Ant Killer

- Light Bulbs – Energy Efficient, 100W – Outdoor/Flood
- Light Bulbs – Energy Efficient, 40W, 75W – indoor, ceiling fan
- Plastic Totes – Large
- Push Broom
- Vacuum Cleaners
- Weed Killer

## VITAMINS & MEDICATIONS

- Quercetin with Bromelain
- Fish Oil
- Glucosamine (Chondroitin)
- Zinc

## PPE

- N95 Particle Masks
- ~~Nitrile gloves~~ **Fully Stocked**

## GIFT CARDS

- HEB or Kroger
- Home Depot or Lowes
- Target or Walmart
- Restaurant Food Gift Cards for Wednesday Lunches (they are taken to a counseling facility off campus, so lunches are bought)

## IMPORTANT INFORMATION

**DUE TO OUR LIMITED STORAGE CAPACITY & COVID-19 PROTOCOL WE DO NOT ACCEPT TRAVEL SIZE TOILETRIES, USED CLOTHING OR SUITS.** We respectfully ask that you call before coming to the campus to verify we can take a donation and to coordinate a time and date of drop-off. You may contact us at [Donations@PTSDUSA.org](mailto:Donations@PTSDUSA.org)

[AmazonSmile \(click here\)](#)