



Urgent Needs CHECKLIST

Below are items we need to take care of our Veterans who reside on Camp Hope. Their stay is about 6-months and at no cost to them or their family. We can house up to 80 Veterans. Anything you can help with would be a tremendous blessing.

MOST URGENT NEEDS

See Hi-lighted items below

GROCERY

- Candy, Assorted
- Bread (Sliced)
- Bottled Water (24-40 Pack/Case Bottled Water – 16.9oz)
- Breakfast Cereal
- Cheese - sliced
- Chicken, Fish
- Coffee - K-Cups/Ground, Tea
- Salt, Sugar, Black Pepper
- Flour (unbleached, all purpose)
- Dry Goods (cereal, rice, pasta, etc.)
- Eggs, Powdered or Fresh
- Butter
- Fresh Produce: onions, lettuce, tomatoes, fruits, berries, etc.
- Maple Syrup, breakfast Syrups
- Milk, Powdered, Whole, 2% or Shelf
- Orange Juice
- Peanut Butter
- Sugar-granulated (packets and 5-10lb bags)
- Stocks/Broth

PERSONAL HYGIENE & CLOTHING

- Active Gym Shorts, M thru 3XL-new only & packaged
- Gold Bond Medicated Foot Powder
- T-shirts (M, L, XL, 2XL, 3XL, 4XL)
- Shower Loofas
- Mouthwash – Non-Alcoholic
- Backpacks
- Running Shoes – Men's (Sizes 8-11, 12, 13, 14)
- Hoodies Jackets M – 3XL
- Long & Short Sleeve T-Shirts M-3XL

HOUSEKEEPING

- Multi-purpose Cleaner
- Paper Towels
- Dishwasher Detergent (liquid/pods)
- Dryer Sheets
- Laundry Detergent
- Floor Cleaner
- Glass Cleaner with Spray Bottle
- Bleach
- Paper Plates & plastic utensils
- Micro-ban Disinfectant Spray
- Plastic zipper bags (Ziploc-1 gal, quart & sandwich size)
- Dish Soap (Non-Detergent)
- Toilet Paper
- Trash Bags (13-55 Gallon ONLY)
- Disinfectant Wipes Fully Stocked

You may bring items to Camp Hope and drop off at the Donation Station located in the Front Office. Another way to get items to Camp Hope is through [AmazonSmile \(click here\)](#). We have 7 lists: Pantry, Residential, Camp Hope Vehicle Supplies, Campus Facilities, Office Supplies, Weatherford Family Complex and Urgent Needs Lists. You can give twice by choosing PTSD Foundation of America as your Charity. One way to shop for food items and have them delivered is through Instacart & Amazon Fresh. Our Mailing & Delivery address: Camp Hope 9724 Derrington Rd., Houston, TX 77064

BED & BATH

- Bath Towels (full size) and Wash Rags (white)
- Sheets, Twin
- Hangers
- Pillows (standard) & Pillowcases (standard)
- Blankets/Comforters (twin size)
- Micro-plush Blanket

CLASSROOM & OFFICE SUPPLIES

- Alarm Clocks
- Backpacks
- Packing Tape
- Dry Erase Markers
- [NIV Celebrate Recovery Study Bible](#) (on Amazon)
- Permanent Markers
- Binders 1" & 2"
- Postage Stamps
- 3/5 Subject Notebooks

FACILITIES

- A/C Filter – 16x25x2; 12x24x1
- Air Filter for Homes-3M: 20x30x1; 20x20x1; 16x25x1; 20x25x1; 12x12x; 18x18x1
- Batteries – 9V
- Mops and Mopheads
- Air Horns, Safety
- Light Bulbs – Energy Efficient, 100W – Outdoor/Flood
- Light Bulbs – Energy Efficient, 40W, 75W – indoor, ceiling fan
- Plastic Totes – Large
- Push Broom
- Vacuum Cleaners
- Weed Killer
- Car Batteries
- Jumper Cables
- Motor Oil (5W-30)
- Windshield Fluid

VITAMINS & MEDICATIONS

- Magnesium
- Glucosamine
- CO-Q 10
- Melatonin
- Mucinex Expectorant
- Constipation Tea
- Naproxen
- Tylenol
- Ibuprofen

GIFT CARDS

- HEB or Kroger
- Home Depot or Lowe's
- Target or Walmart
- Restaurant Food Gift Cards for Wednesday Lunches (they are taken to a counseling facility off campus, so lunches are bought)

IMPORTANT INFORMATION

DUE TO OUR LIMITED STORAGE CAPACITY & COVID-19 PROTOCOL WE DO NOT ACCEPT TRAVEL SIZE TOILETRIES, USED CLOTHING OR SUITS. We respectfully ask that you call before coming to the campus to verify we can take a donation and to coordinate a time and date of drop-off. You may contact us at Donations@PTSDUSA.org

[AmazonSmile \(click here\)](#)

*Products containing Alcohol will not be accepted.