PTSD Foundation of America

IMPACT REPORT

2022
The PTSD Foundation of America is committed to serving veterans struggling with post-traumatic stress disorder (PTSD). As a non-profit, all of our efforts are centered around raising awareness, raising funds, and supporting our programs, which are dedicated to providing hope, support, and resources to our nation's bravest heroes in need.

Our services, such as support groups and interim housing, counseling, and job placement assistance, are provided at no cost to veterans or their families. The generous contributions of individuals, communities, and corporate partners enable us to impact thousands of veterans every year.
Greetings everyone,

They say that you are supposed to start with a positive and work your way around to the negatives, but I am going to do it backward this time. It has been commonly stated that the number of veterans who are killing themselves is 22 a day. What if that number was grossly underestimated? What if we have come to believe that the single biggest loss of life that our service members face is not the war itself but the invisible wounds of war? Unfortunately, the number of veterans and service members dying by self-inflicted means is actually 44 a day (AWP, 2023). You can find a copy of this report here: www.americaswarriorpartnership.org/deep-dive.

Our service members are taught how to go into a foreign land and defend the freedoms the United States is so well known for, but they are not properly taught how to transition back into normal everyday life. It is not that they are inept; it is that they are ill-equipped. Most of them have multiple layers of trauma that follow them wherever they go, and if left unchecked, they will put the individual into a place of despair devoid of hope. Many will turn to destructive coping mechanisms to deal with those traumas, which often lead to death.

I don’t know about you, but it infuriates me and cuts me to the heart at the same time. They say that it gets easier the more you experience loss. I am unsure where that saying came from, but it does not get easier for me. Every time I lose a fellow service member, it grieves me tremendously. So, a question needs to be asked, what if there was a working solution that looks at things differently than the normally prescribed approaches and is effective? Look no further; you have found it! We are systemically changing how veteran care should be accomplished and working on improving that every day because every single life is precious and has extreme value.

Below you will find the impact we are making within the veteran arena. I ask you to consider partnering with us in our endeavor to help bring a veteran to a place where they don’t just survive; they thrive!

Dr. Ryan Rogers
President of the PTSD Foundation of America
U.S. Army Veteran
Love is patient; love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, and it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, and always perseveres. Love never fails. It is the core of why we do what we do.

The central feature of faith is confidence or trust. The substance of things hoped for, evidence of things not seen is the usual expression of meaning, most often centered around the existence of an all-knowing God. It's the thread that binds hope, love and peace together, giving humanity the strength to overcome the trauma and turmoil in their life. Faith makes real, one's ability to experience life as it is while believing there is even more to come.

Unwavering commitment to high standards of honesty, transparency, and ethical behavior, aligning our personal values with organizational actions. We consistently work towards building trust, promoting fairness, and fostering inclusivity in our interactions with clients, staff, and the community.

Create and maintain an environment that encourages an individual’s growth in all areas of life, creativity, and ability to serve others. This builds a strong Community and Foundation.

Creating a world where veterans find hope by empowering them to embrace L.I.F.E.

Rooted in unwavering faith, our mission is to engage in the relentless pursuit of empowering the veteran community by creating a transformative impact that changes the trajectory of their lives.
MEET OUR DIRECTORS

DR. RYAN ROGERS
President

MICHAEL JONES
Chief Financial Officer

DAVID MAULSBY
Executive Director of Support & Giving

KATHERIN DICKERSON
Director of Finance

RON YOUNGBLUT
Director of Operations

CHRIS KNIGHT
Director of Camp Hope Operations

ALEX YUTZEY
Director of Camp Hope Program
"We expect soldiers to fight OUR battles. Later we should support them when they fight THEIRS."
Over the past year, the PTSD Foundation of America has made remarkable progress in supporting veterans with PTSD. Through expanding our network, awareness campaigns, and fundraising, we have provided hope, resources, and healing to a growing number of individuals who have served our country. Together, we are building a brighter future for our heroes.

## 10 YEAR ANNIVERSARY

Some 150 Veterans who had completed the program at Camp Hope over our 10-year history gathered for a unique reunion and celebration in late July. US Senator Ted Cruz, nationally syndicated talk show host Michael Berry, Houston icon Jim “Mattress Mack” McIngvale, and former heavyweight boxing champion Lou Savarese were the celebrities at the event, but the Veterans were the stars of the celebration.

There is no place in the world quite like Camp Hope. There is no program in the world quite like we operate, and there has never been a gathering like this one at any other time in history. Combat Veterans from all across the country, sober, with family and friends, all in one place, all at one time. Each has their own unique, incredible, and powerful story of war, love, loss, darkness, and remarkable restoration.

This 10th-anniversary event poignantly displayed the efficacy of our lifesaving, life-changing peer-to-peer program. Every Veteran that attended expressed their extreme gratitude to be brought together for this epic occasion. Each graduate received a ring, (pictured above) compliments of long-time supporter ACORI Diamonds and Design.

## RANCH OUTREACH OPENING

In the midst of our commitment to serving combat veterans and their families, we were thrilled to introduce The Ranch—a transformative initiative that symbolizes our unwavering dedication to their well-being. After meticulous planning and overcoming unprecedented challenges, The Ranch's doors swung open in December 2021, marking the commencement of a new chapter in our mission. Nestled in Tomball, Texas, this 2.5-acre property, complete with a tranquil pond, sprawling trees, and inviting spaces, stands as a testament to our organization's vision for holistic healing.

The Ranch isn't just a location; it's a respite for veterans seeking solace, camaraderie, and renewal. As the heart of our operations transitions from Camp Hope, we envision The Ranch as an embodiment of fellowship and empowerment. Beyond its function as a space for peer mentorship, it's a haven where veterans can gather, engage in meaningful connections, and rediscover a sense of purpose. From peer-led group sessions to leisure activities like fishing, eating BBQ, and fire-side chats, The Ranch is a haven that addresses the diverse needs of veterans and their families. This endeavor echoes the core ethos of our Warrior & Family Groups, fostering an environment where the shared journey of healing becomes a source of strength for all.
We tragically lost Chris Daniel to an automobile accident in July of 2022.

Chris Daniel, U.S. Army Veteran, served from 2008 to 2009 in Operation Iraqi Freedom. While living in Portland, Oregon after finishing his military service, he found himself in despair, suffering from PTSD. He completed the residential program at Camp Hope in January 2017 and was led by what he called his “miraculous healing” to give back to others what was given to him through the Foundation. He came to work for the PTSD Foundation of America as the Program Manager, selflessly giving back and impacting every Veteran who has come through the program. He married his love, Amber, in February 2020 and welcomed a beautiful daughter in 2021. He always wanted to share something good with each person he met. His passion is still alive today in the hearts of everyone he touched. He is truly missed, but his daughter Marcy (2 years) and son Christopher James (5 months) will keep his spirit alive.


He struggled with PTSD and came to Camp Hope on December 21, 2020, where he graduated in August 2021. Sam then moved to work for the PTSD Foundation of America as the Operations Manager of Camp Hope. He worked there and became a friend to everyone and was engaged to be married to Esmeralda. They had a daughter, Ayla. Without question, everyone who said they knew Sam said he was a gentle giant, soft-spoken and always ready to help others; he never said no. As an employee, he had an amazing work ethic and was always a team player. He had a bright future at the foundation, and his friendship left an indelible impression on everyone that knew him. His loss within months of losing Chris left us raw, but we all know with certainty that his influence will be with us for years to come.
GRADUATE SPOTLIGHT

Alex Yutzey
Director of Camp Hope Program

Alex's journey is one of resilience and transformation. Growing up in the panhandle of Florida, he joined the US Army as an airborne infantryman after graduating high school. Deploying to Iraq for OIF 1 in 2003, Alex returned with invisible wounds that haunted him for years. During his time in Verona, Italy, in 2004, he met his future wife, Venusja, before deploying to Afghanistan with his unit in 2005.

After a decade-long struggle with PTSD and drug addiction, Alex's wife, Venusja, learned about Camp Hope and desperately encouraged him to seek help. In 2018, she moved to Houston to provide him with a supportive environment. Finally, with the support of the Florida Department of Justice, a courageous judge, and his loving wife, Alex found his way to Camp Hope in 2019.

Upon completing the program, Alex sought guidance from God and was immediately offered a position as a driver at Camp Hope, embracing a new path in life. With dedication and perseverance, he worked his way up through various organizational roles, eventually becoming the Program Director of Camp Hope.

Camp Hope became the catalyst for Alex's transformation, saving his life and marriage and granting him the blessing of their children. Grateful for the incredible journey he has experienced, Alex is now driven to give back what was freely given to him. He firmly believes that any struggling veteran can find healing and purpose through fellowship, faith in the Lord, and the unwavering hope provided by Camp Hope.
AT THE PTSD FOUNDATION OF AMERICA, WE UTILIZE A MULTIFACETED APPROACH TO ENSURE THAT WE OFFER INCLUSIVE, VARIED OPINIONS THAT GUARANTEE THAT THERE IS ALWAYS A WAY TO CONFRONT COMBAT WITH CARE.

COMMUNITY INVOLVEMENT

Community involvement plays a vital role in supporting and uplifting veterans struggling with PTSD through various initiatives, events, and volunteer opportunities.

WARRIOR GROUP

Our warrior groups provide a supportive and empowering environment for veterans to connect, heal, and grow together on their journey towards overcoming PTSD.

FAMILY SERVICES

We offer families comprehensive services and support to help them navigate the challenges of supporting their loved ones with PTSD.

OUTREACH

We extend our support and resources to reach more individuals and communities affected by PTSD, offering hope and healing.
The resident demographics for 2022 are subject to change as Camp Hope admits new residents throughout the year. Additionally, the duration of each resident’s program varies based on individual progress and needs. Therefore, the data presented should be considered a snapshot rather than a comprehensive representation.
VETERAN INVOLVEMENT

BREAKDOWN BY LOCATION

2019 - 29 GRADUATES
2020 - 37 GRADUATES
2021 - 59 GRADUATES
2022 - 72 GRADUATES

*Map depicts veterans who participated in warrior groups through our outreach chapters as well as the Camp Hope Program.*
Public Contributions 56.4%
SBA Loan Forgiveness 6.7%
Special Events 14.7%
In-Kind Contributions 9.1%
Employee Retention Credit Grant 12.9%
Other Income 0.2%

WE ACHIEVED OUR GOAL, BUT DID WE DO IT EFFICIENTLY?

REVENUE
$8,589,884

EXPENSES
$7,016,657
OUR BOARD

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$2,000,000 ON THE HORIZON

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PTSD FOUNDATION OF AMERICA
CAMP HOPE
PROVIDING HOPE AND HEALING FOR
THE UNSEEN WOUNDS OF WAR