



# Urgent Needs CHECKLIST

Below are items for the Veterans staying at Camp Hope. These heroes, who can be up to 120 in number, are with us for a duration of 7-9 months, completely free of charge to them and their families. Your contribution, in any form, would be an incredible gift and would greatly aid in providing the best care for these deserving individuals.

## LEGEND

### Urgency Priority

- Wanted Items
- Needed Items
- Urgently Needed Items

## GROCERY

- Black Beans (#10 cans)
- Corn (#10 cans)
- Pinto Beans (#10 cans)
- Mixed Vegetables (#10 cans)
- Dry Beans (Any Kind)
- Seafood
- 5Lbs Bags Shredded Cheese
- Milk
- Bread
- Jelly

## PERSONAL HYGIENE & CLOTHING

- Men's Briefs (L,XL,2XL)
- Shower Shoes
- Comforter (Twin)
- Tennis Shoes (All Sizes)

## HOUSEKEEPING

- Laundry Detergent (Liquid or Pods)
- Swiffer Refills (Dry or Wet)
- Pine-Sol
- Dryer Sheets
- Fabuloso
- Toilet Paper
- Lysol Multi-Purpose Cleaner

## BED & BATH

- Pillow Cases



# PTSD FOUNDATION OF AMERICA

## CAMP HOPE

PROVIDING HOPE AND HEALING FOR  
THE UNSEEN WOUNDS OF WAR

### CLASSROOM & OFFICE SUPPLIES

- Binders 2"
- Postage Stamps
- Clipboard
- Composition Notebook
- Art Sketch Pad

### FACILITIES

- 13 Gallon Kitchen Garbage can w/lid
- 7 Gallon Trash Can
- RAID Roach Spray
- Batteries C&D

### VITAMINS & MEDICATIONS

- Voltaren Pain Gel
- Tylenol
- Multivitamin (Men's 50+)
- Cold & Flu Day/Night
- Super B
- Benadryl
- Loratadine
- Mucinex DM
- Naproxin Sodium 220mg

### GIFT CARDS

- HEB or Kroger
- Home Depot or Lowe's
- Target or Walmart

### IMPORTANT INFORMATION

**DUE TO OUR LIMITED STORAGE CAPACITY, WE DO NOT ACCEPT TRAVEL SIZE TOILETRIES OR USED CLOTHING.**

You may contact us at: (832) 912-4429 or  
[Donations@PTSDUSA.org](mailto:Donations@PTSDUSA.org)

\*Products containing Alcohol will not be accepted.

**Please visit our Amazon  
Wish list. It is updated daily!**

