



Urgent Needs CHECKLIST

Below are items for the Veterans staying at Camp Hope. These heroes, who can be up to 120 in number, are with us for a duration of 7-9 months, completely free of charge to them and their families. Your contribution, in any form, would be an incredible gift and would greatly aid in providing the best care for these deserving individuals.

LEGEND

Urgency Priority

- Wanted Items
- Needed Items
- Urgently Needed Items

GROCERY

- Black Beans (#10 cans)
- Corn (#10 cans)
- Pinto Beans (#10 cans)
- Mixed Vegetables (#10 cans)
- Dry Beans (Any Kind)
- Seafood
- 5Lbs Bags Shredded Cheese
- Milk
- Bread
- Jelly
- Breakfast Cereal
- Non-Stick Spray

PERSONAL HYGIENE & CLOTHING

- Men's Briefs (M,2XL)
- Shower Shoes
- Tennis Shoes (All Sizes)
- Shorts (Cargo or Blue Jean)(Large, XL)
- Blue Jeans (40, 44)

HOUSEKEEPING

- Laundry Detergent (Liquid or Pods)
- Swiffer Refills (Dry or Wet)
- Pine-Sol
- Fabuloso
- Toilet Paper
- Lysol Multi-Purpose Cleaner
- Bathroom Cleaner, Spray
- Kleenex (Rectangle Box)

BED & BATH

- Pillow Cases
- Twin Comforter Blanket



PTSD FOUNDATION OF AMERICA

CAMP HOPE

PROVIDING HOPE AND HEALING FOR
THE UNSEEN WOUNDS OF WAR

CLASSROOM & OFFICE SUPPLIES

- Binders 2"
- Postage Stamps
- Clipboard
- Composition Notebook
- Art Sketch Pad
- Copy Paper

FACILITIES

- 13 Gallon Kitchen Garbage can w/lid
- Batteries C&D

VITAMINS & MEDICATIONS

- Voltaren Pain Gel
- Tylenol
- Multivitamin (Men's 50+)
- Cold & Flu Day/Night
- Super B
- Loratadine
- Mucinex DM
- Naproxin Sodium 220mg

GIFT CARDS

- HEB or Kroger
- Home Depot or Lowe's
- Target or Walmart

IMPORTANT INFORMATION

DUE TO OUR LIMITED STORAGE CAPACITY, WE DO NOT ACCEPT TRAVEL SIZE TOILETRIES OR USED CLOTHING.

You may contact us at: (832) 912-4429 or
Donations@PTSDUSA.org

*Products containing Alcohol will not be accepted.

**Please visit our Amazon
Wish list. It is updated daily!**

