MESSAGE FROM OUR DIRECTOR

Every one of us has faced major changes in our lives, families, and business in the past month. This is something all of us are continually learning about and adjusting to in our daily lives. You are in our prayers as you navigate these constant challenges.

As you can imagine, we’ve faced the same challenges throughout our organization. Our staff continues to do amazing work in fulfilling our mission to serve Veterans and their families who are coping with combat related trauma. And of course our staff, like others in a vocation of service, adapt to taking care of themselves and their families. We would certainly appreciate your prayers!

We are fully aware that some who have faithfully supported this effort to save lives are now out of work and not in a place to financially support this organization. We truly respect that. On the other hand, when this current global pandemic passes, we will still be here, still passionately working to stop the 20+ daily suicides in this country, just as we have in the past, and unwaveringly do today. The good — no, great news is that we brought in five Veterans already this week, literally from coast to coast.

Our work must continue to grow and expand as this is no time to shrink back in our outreach. If you are able to support us, whether it’s $20 a month or $20,000, it all goes to letting our staff and residents know that we will continue to be here for them in their time of need. Our mission mattered before this virus, it matters even more today. Thank you for helping us in these difficult times. Together, we are continuing to save lives!

David Maulsby, Executive Director

MONTHLY SUPPORT

ALL OF OUR SERVICES ARE ABSolutely FREE TO VETERANS!!!

MEANWHILE BACK AT CAMP HOPE

Camp Hope Veterans out at the fire pit for daily devotionals and
Residents & Staff were treated to the **Rodeo on Military Appreciation Day**. We gathered around for a picture with **Roger Camp, Camp Construction** also a PTSD Foundation of America board member.

The **9th Annual CanAm Champions** hosted the PTSD Foundation of America residents and staff to dinner and a game at the Bellerive Ice Center in Houston, Texas. Thank you for your hospitality and support!

**CAMP HOPE URGENT NEEDS**
In light of the current events and rising concerns surrounding COVID19, we have taken extra measures to ensure the health and safety of our staff and residents. As with everyone we are trying to find ways to provide for our Veterans who are here at Camp Hope. If you can help with these items please bring them by the campus or order on AmazonSmile Urgent Need Shopping List. Click here to order: ow.ly/uiFr50yKxo6 or you can order items to be delivered to campus through Amazon Fresh or Instacart. Thank you always for supporting our Veterans!

**Subsistence**
- Canned Vegetables: potatoes, corn, green beans, tomatoes, etc.
- Produce: Onions, lettuce, tomatoes, fruits, berries, etc.
- Powdered Eggs or Fresh Eggs
- Powdered or Shelf-Milk

**Vitamins & Medication**
- EMERGEN-C Packets
- Cold Remedy Mucous Relief Tablets
- Guaifenesin Mucous Relief Tablets
- Vitamin C - Times Release tabs
- Cold & Flu or Caps - Daytime/Nighttime preferably ones that contain: Cough Acetaminophen, Cough Suppressant, Expectorant, Nasal Congestion

**Hygiene**
- Hand Sanitizer (all types & sizes)
- Lysol/Purell & Clorox type disinfectant cleaners
- Bleach
- Clorox wipes
- Gym Equipment Wipes

**PPE**
- Disposable Isolation Gowns
- N95 Particle Masks
- Nitrile Gloves
- Forehand Thermometer

Each shopping list has the specific items that we have selected to fill the NEEDS or URGENT NEEDS of that department. You choose which list your prefer to help with and then select items to fulfill your donation! Our hope is that your donation experience will be simple. We could not be more grateful to you for taking the time to give back to those who so selflessly gave to our country in service.

**SUPPORT US IN TWO WAYS!** You can order items from our needs list on AmazonSmile and have it shipped directly to Camp Hope. To better help you help us we have created 4 shopping lists on our AmazonSmile.

**Pantry**
**Campus Facilities**
**Residential**
**Office Supplies**
**Urgent Needs**
**Weatherford Family Complex**

**SERVICE SPOTLIGHTS**

A huge thank you for a job well done to **Ascend** and **Trees for Houston** for coming to our campus and planting 34 trees. **Trees for Houston** donated 1 Meyer Lemon, 1 Red Maple, 12 Sycamores, 12 Bald Cypress and 10 live Oaks. No small job and they are absolutely beautiful!
GET INVOLVED NOW

Our Supporters, Volunteers, Staff & PTSD Foundation of America Giving Back!
We are all in this together!

GOING #BEYONDTHEBUMPERSTICKER

(Top L-R) Rachel & Braeden Adams, the Egg ladies! You Rock! Amazing care for our Veterans continuing with Mr. Branch and his son bringing fresh fruit and more. (Bottom L-R) Texas Outreach PTSD Foundation of America Chapters giving back by delivering food to shut-ins! Sign of the times-Video Zoom meetings with foundation staff!

(Top L-R) Christopher McGinley & Melanie Sparks of Kurk Homes donating a vehicle! Wow, thank you for your generosity! Carl Luning, who drove 80 miles to donate 26 lbs of coffee to Camp Hope. Thank you for your passionate heart! (Middle L) Cupcakes from Treat! Cupcakes located in Vintage Park donated to the residents & staff! Yummy! (Bottom L) Our very own, David Dean, sharing our story and raising awareness about PTSD. (Bottom R) A high five goes out to The Rotary Club of Katy for donating and delivering 1500 lbs of meat & cases of dehydrated foods. This was a huge blessing especially during this time. We thank you from the bottom of our hearts!

(above) Our staff doing a face to face, the new
normal! Recognize anyone?

(above) One of our faithful Veteran volunteer dropping off some eggs and juice. Thank you, David Gibson!

Thank you to Millwrights Union for giving to Camp Hope! Your donation will go a long way to save lives!

The Camp Hope Director, Pete McMillen with Skye Youngblood who raised money for the PTSD Foundation of America. Thank you for working hard on our behalf, you are amazing!

(both pictures below) Thank you to @HopdoddyHoustonHeights & @LubysHoustonHwy290 for feeding our staff during a 2 day LivingWorks ASIST training for our Staff.

(above) PTSD Foundation of America-Georgia was invited to participate in a Warrior in the Wetlands hunt hosted by Field of Dreams Foundation. thank you for inviting our Veterans.

(below) PTSD Foundation of America-Colorado Warrior Group getting together outdoors.
A lovely group of ladies dropped by the campus to show off their antique cars and to pick up the Luby's lunch and deliver it to our staff who was attending the LivingWorks ASIST training in the Heights! One of the ladies, Miss Judy, is a faithful Front Office Volunteer. She was greeted by Anne Marie, one of our staff! Thank you ladies for sharing your beautiful cars with us and helping us deliver lunch!!!

DONATE NOW

RAISING AWARENESS FOR PTSD FOUNDATION OF AMERICA

'Stay Home & Stay Safe' is one way we can help everyone and we can also support our local businesses. No one has been hit harder than the service type industries. We can all do something and we are asking you to support those who have gone above and beyond to continue to support the PTSD Foundation of America and Camp Hope. As a way of saying thank you and giving back to them let's reach out and utilize their services! Please let them know you appreciate their supporting our Veterans!

Thank you to all of you who go #BeyondTheBumperSticker!

Houston, Texas
- AAA Plumbing
- Acori Diamonds and Design
- Allied Concrete
- Applebee's
- Burger Libre
- Bull-Rito's
- CertaPro
- Chad Hale - Mortgage Solutions, LP
- Cafe 105
- Chic Fil A
- El Tigre Promotions
- Fastsigns - Galleria

Dallas/Ft. Worth
- Greystar
- Alex's Angels Radio Show - donation of Air time
- Patriot Network Radio Show - donation of Air time

San Antonio, Texas
- Greystar
- RotoRooter
- Warm Springs
- Mama Margies
- Chic Fil A

Little Cesars
LMC Landscaping
Lonestar Electric Supply
Lupe Tortilla
Luby's / Fudrucker
The Michael Berry Show
Olive Garden
One Hour A/C
Oops Steam Cleaning
Patriot Lock & Key
Penske Truck Rental
Raising Canes
Redicarpet
Roadrunner Moving & Storage

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Patriot Lock & Key
Penske Truck Rental
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HELP US HELP OTHERS

Support Our Veterans When You Shop

AmazonSmile donates to PTSD Foundation of America

[smile.amazon.com/ch/20-3864341](smile.amazon.com/ch/20-3864341)

Randalls Good Neighbor Program
Good Neighbor Number: 13621

Kroger Community Awards Program
NPO Number: SD792

Network for Good
Click on Image

GET MORE INFO

20 Veterans / Active Duty Military take their own lives EVERY DAY

- 1 in 5 OIF/OEF veterans are diagnosed with PTSD
- PTSD linked to marriage and family problems
- PTSD linked to veteran unemployment
- PTSD linked to veteran homelessness
- PTSD increases risk of suicide

Post Traumatic Stress Disorder (PTSD) is a timeless problem affecting our military veterans in pandemic proportions.

In Memory Of

NDI Fernando Almazan; Charles Willard Armstrong; Ronnie Bennett; Anthony Borromeo; Army Vet. Justin Connolly; David Randolf Draper; Michael R Gaynor; Matthew Wayne Henry; Bobby Hobbs; Master Sergeant USAF William Holmes; Larry G. Irving, Sr.; Joe C. Johnson; John Kane; Emil Edward Koakcik; Walter Logan; Bill Matheny; Faburn Murray; Raymond Pavlovich; James Plummer; Kendall Riggs; Mick Simpson; Matthew Wayne Scully; Richard Tomkins; Harry Trostle; Michael Christopher Uka; Vance Rae Weckworth; Louis West; Nicholas James Wright; Jesse Wright; Andrew North; Seth Witherup; Beth Taylor; James Squires; Austin Shilling; Krista K. Reyna; Jim Rawlinson; Joseph Powers; Robert K. Nixon; Kyle Nickels; Sean Arleigh Moore; Tyler Blake Latta; Jack Landstad; Marvin W. Howell; Richard Allen Hauser; Adam Casey Furr; Dale Fultz; Denver Lee Ford, Sr.; Bill Crosby Jr.; Jack Chiles; Robert Breauz, Jr.; Bradley Blue; Ralph (Ted) Edward VanderNaillen; Daniel Maxey; Tim J Riggs, Sr.; Betty Frierson; Robert D. Lovato; Jacob Davis; Casper Spiess, Jr.; Michael Osborn; Christopher Moore; Marianna C. Sardonia; Mary Ann Wick; Richard D. Vance; Gary West; Travis Riley; Rudy Hood; Richard Stephanow, Sr.; Nicholas Walters; Monroe Allen Landry; Frank Kotlerz; George Roessner; Paul Kimes; Rudy Hood; James B Wickerham; Harding Boeker; Travis Vandeventer; Alyssa McDaniel; Michael Unroe; Winnie Mei; John Keeling; Emerst E Raines; Robert H Lightfoot; Travis Riley; Louis Silvestri; Frank Kotlerz; Travis Carter; Martin McCormack, Carlos Garcia; Harold T Reed; Samuel A. Cagle; Joseph E. Berezoski; Patrick Savage; Reagan K Warzbach; Robert Devillier, Sr.; Morgan Howard; Patrick Flynn; Larry Koepplinger; Thomas A. Simpson; Brandon Opaitz; John Mego; Danial Harrison; William R Stevens; Kevin Messenger; Ryan M. Wells; Dr. Leon Robinson; Steve Coons;

In Honor Of

Carolyn Cross; Baker & Connelly; Dennis & Kara Cruse; John Dunphy; Sgt. Mgr. Fogarty; Mollie London; michael R. Gaynor; William Glen, USMC, Semper Fi; Thomas Tadson & Emily Gonzalez; Reuben Chip Santos; Darryl Watson & Family; Bruce Van Cleve; Will Anderson; Matthew Spade; Doc Leon; John & Mary Thompson; Ever Loved; Ian & Maggie Owens; John Rust Memorial;

LISTEN! ROAD TO HOPE
EVERY LITTLE BIT HELPS! THANK YOU FOR YOUR SUPPORT!

CONTACT US

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PTSD VETERAN LINE  
877.717.PTSD (7873)

GET OUR MONTHLY NEWSLETTER

PTSD FOUNDATION OF AMERICA | https://ptsdusa.org

The PTSD Foundation of America is a non-profit organization under IRS Code Section 501(c)(3)